

E20 JOURNAL

ISSUE FIVE

SUMMER 2023



*THE
FUTURE
IS IN YOUR
HANDS*

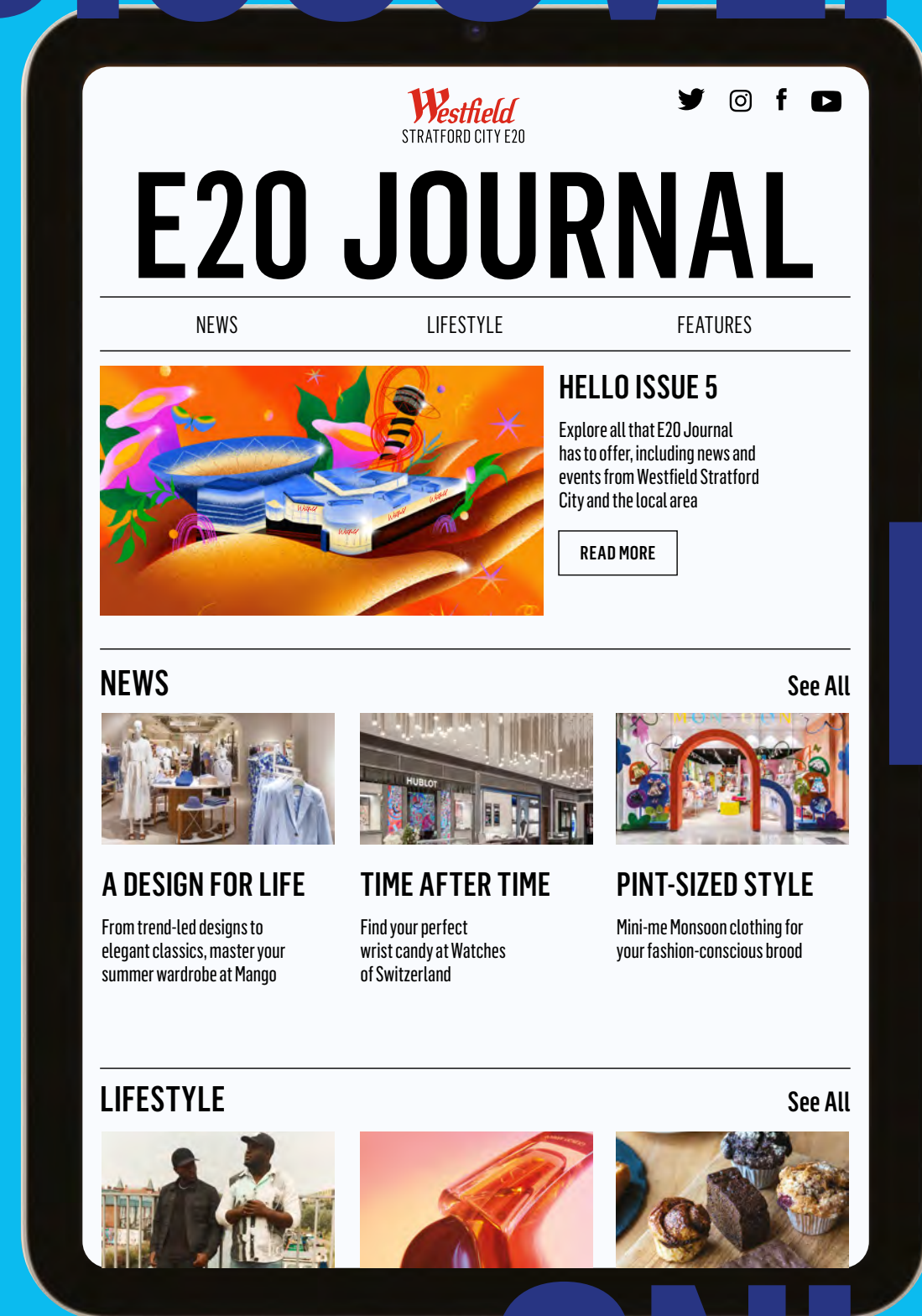
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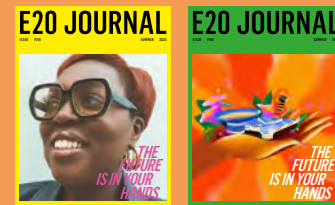
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E20 JOURNAL ISSUE FIVE SUMMER 2023

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E20 Journal is published for Westfield
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Stamford Street, London SE1 9LX
+44 (0)20 7921 9019 3cc.london



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The promoter is Westfield Stratford City
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ew places capture the imagination like London on a summer's day. Everywhere you turn there are people eating and drinking al fresco, groups picnicking in the parks and tourists soaking up the city's awe-inspiring sights. These long, hazy days feel full of endless possibilities. But what does it mean to you? For some, the true joy of the season is a chance to unwind, while others prefer to make for the latest fashionable spot to party. Simply put, everyone enjoys a change of pace in the holiday months.

In this edition of E20 we're celebrating the signifiers of summer – the fashion, food, art and events that transform us as we head out to enjoy the sun. Fashion takes on the heat on P24 with our smart sartorial edit of this season's red-hot womenswear, while on P36 our masterclass in men's relaxed suiting will keep you looking cool while the temperature rises.

Head to P10 to plan your perfect day out in and around E20: whether you're a foodie, sports fanatic or theatre buff our neighbourhood offers up a myriad of experiences. And if you love walking, our feature on P40 exploring the dynamic public art on display in Stratford will inspire you to take a balmy evening stroll.

For parents of young children, the last week of July arrives with a mix of excitement and dread. Excitement at spending precious time together, but dread at the thought of keeping the kids entertained for six long weeks. Those with little ones to manage should turn to P12, where our activities guide will keep them (and you) occupied for the holidays ahead. If after all the children's activities you feel like a pick-me-up with the adults, on P42 you can imbibe our edit of the best cocktails to sip in our postcode. In need of a feel-good story? This issue looks at how the Westfield East Bank Creative Futures Fund is implementing positive change by working with a diverse selection of local charities across Stratford and Newham on P18. Each grant has the power to transform lives and that's something to be thankful for, whatever the weather. Our community is evolving every day, so let's celebrate and make this summer one to remember.

E20 Journal Team

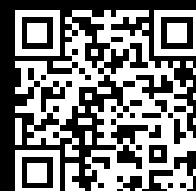
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ISSUE FIVE SUMMER 2023

- 6 FIELD NOTES**
The latest news and events at Westfield Stratford City
- 10 SOCIAL ENGAGEMENT**
Essential summertime events in our neighbourhood
- 12 GAME ON**
Discover fun activities for the whole family this holiday
- 14 THE BREAKFAST CLUB**
A roundup of the hottest spots to grab a morning bite
- 18 COMMUNITY SPIRIT**
The creative fund transforming the lives of East Londoners



- 24 MERCURY RISING**
Hot weather, hotter style: top fashion hacks to stay cool
- 28 HIGH NOTES**
Heaven-scent indulgent fragrances from John Lewis & Partners
- 34 THE SIMPLE LIFE**
Streamline your skincare routine with these deft multitaskers
- 36 SUIT YOURSELF**
Loosen up and embrace the easy chic of relaxed tailoring



- 38 AZURE LIKE IT**
Kidswear that puts a playful spin on the summertime blues
- 40 WALK THE LINE**
Explore the story behind London's longest public art trail
- 42 IN THE SPIRIT**
Whatever your tippie, E20 has the perfect cocktail spot
- 44 STORE DIRECTORY**
Design your perfect day out at Westfield Stratford City
- 46 CURVE APPEAL**
Softens your space with round edges and organic shapes

STAY WALK GO

LET'S GET PHYSICAL

WHETHER YOU'RE AN ATHLETE-IN-TRAINING OR A DEDICATED GYM GOER, THE NEW UNDER ARMOUR STORE HAS YOU COVERED

For high-quality sportswear designed with form and function in mind, Under Armour is the go-to brand to have on your radar. This global powerhouse is now going for gold with its new 'Brand House' at Westfield Stratford City. Across 3,700 square feet, the concept store combines a high façade with a dynamic mezzanine backdrop and colour-changing LED strips to create a feeling of continuous motion. And with an outstanding line-up of performance apparel and accessories, you're sure to find the perfect kit to suit your training needs. Under Armour, First Floor



Kit up at **UNDER ARMOUR** new 'Brand House'

PINT-SIZED STYLE

MINI-ME MONSOON
CLOTHING FOR YOUR
FASHION-CONSCIOUS BROOD

This boho chic retailer has long blazed a trail for beautifully crafted clothing, and now the brand's inaugural childrenswear boutique has opened its doors at Westfield Stratford City. Decorated in a bright neon palette, the store stocks the complete range, including outerwear and casual pieces, plus jewellery, shoes and accessories. Monsoon's sartorial heritage is as impressive as its kidswear is covetable; think charming prints made using traditional techniques, bold colours, soft denims and a magic-inspired partywear collection. Monsoon Kids, Lower Ground Floor



MONSOON irresistible new children's boutique

FIELD

FROM SPAIN, WITH LOVE

FROM TREND-LED DESIGNS TO ELEGANT CLASSICS, MASTER YOUR SUMMER WARDROBE AT MANGO

Style lovers rejoice! Spanish fashion behemoth Mango has landed at Westfield Stratford City, and is fast becoming the shopping destination we can't live without. The new store, which opened in May, is part of Mango's expansion plan to open 13 new retail outlets throughout the UK this year. Spanning an impressive 4,800 square feet, the store reflects the spirit and freshness of the brand thanks to its Mediterranean-inspired concept featuring warm tones and neutral colours throughout. Mango at Westfield Stratford City will exclusively stock the Woman collection, and shoppers can expect the very best of the Mango range with a focus on contemporary designs, mood-boosting colour and directional silhouettes – all with a touch of Spanish elegance. Mango, First Floor



Spanish fashion giant **MANGO** has opened its sleek new store in centre

NOTES

TIME AFTER TIME

FIND YOUR PERFECT WRIST CANDY
AT WATCHES OF SWITZERLAND

Luxury watch retailer Watches of Switzerland is starting an exciting new chapter this summer, having recently relocated to a shiny new space with a thoughtfully designed layout to ensure the best in-store retail journey. The spacious showroom has dedicated areas displaying leading watch brands including TAG Heuer, Longines and Hublot, plus there's a glossy new Rolex room with the latest collections from the iconic Swiss watchmaker. Can't make up your mind? There's a team of experts on hand for all your watch needs and even a VIP service for a truly bespoke experience. Watches of Switzerland, Ground Floor



WATCHES OF SWITZERLAND impressive new showroom

E20 JOURNAL



FULLY CHARGED

You will soon be able to find **E20 Journal** at selected cafés and venues in the surrounding area. Issues will be delivered by Zhero e-cargo bikes, helping us reach a bigger audience, but without creating a larger carbon footprint.



THE SUMMER SOCIAL
Soak up the summer ambience with sunset socials at The Square

FASHION FIX

GET A HEAD START ON STYLE WITH THE LATEST FASHION DROPS AT WESTFIELD STRATFORD CITY

LIDS

It's time to pledge allegiance to the US sportswear titan Lids, now available in centre, bringing officially licensed headwear and apparel to the fore. Limber up in authentic jerseys for the NFL, Major League Baseball and NBA, or shop new-season football kits along with athletic apparel from some of the industry's biggest names, including New Era, Nike and Adidas. For something more bespoke, head to the Custom Zone where you can design your very own cap. Lids, First Floor

BLAKELY

Designed with everyday living in mind, this Norfolk-based fashion brand creates timeless, quality pieces with a hefty premium on comfort. Think slouchy sweatshirts cut from super-soft cotton, base-layer activewear and cocooning cropped puffa coats. All in a mix-and-match capsule colour palette of muted shades: charcoal, putty, khaki and ink – getting dressed every day couldn't be simpler. Blakely, Ground Floor

RESERVED

If you're looking to up your fashion game this summer, look no further. Opening its hotly anticipated new store at the end of August, Reserved is the fashion brand of choice for those in the know. Catering to women, men and kids, Reserved delivers a mix of classic forms combined with inspiration straightfrom the catwalks. The result? High-quality separates and trend-led pieces to be worn time and again. And with product drops launching every week, there's always something new in store. Reserved, opening August, First Floor

SOUTH.ST

If you like your athleisure to showcase the most current fashion aesthetic, then this Australian brand is the perfect addition to your wardrobe. The brainchild of Melbourne-based Harley Booth, the label's noughties - inflected collections balance style with utility to make this one of our go-to brands for rest-day style. SOUTH.ST, Ground Floor

CENTRE OF ATTENTION

OUR ENTICING SUMMER SCHEDULE IS PACKED WITH UNMISSABLE EXPERIENCES AND EXCITING ACTIVITIES

We're making the most of the sunny season with an extraordinary line-up of events rolling out across the holiday months, including a host of immersive experiences, live performances, plus tutorials and workshops, covering everything from food and creativity to sport and wellbeing – each designed to uplift and inspire. Workshops will include disco yoga, terrarium making, squiffy 'sip and paint' salons, limbo sessions, kombucha making lessons, candle painting and much more. Plus, make the most of summer's long, balmy evenings with Thursday sunset socials at The Square, including a DJ set, plus live jazz music on the Southern Terrace and further entertainment at Chestnut Plaza. westfield.com/united-kingdom/stratfordcity/summer-2023



Fresh-baked doughy delights at CINNABON



ON A ROLL

DISCOVER A TEMPTING SWEET TREAT LIKE NO OTHER AT CINNABON

What's warm, gooey and devilishly moreish? A freshly baked cinnamon roll from world-famous American bakery Cinnabon. If you've yet to encounter these swirls of doughy heaven, then prepare to be wowed by the goodies at Cinnabon's sleek new kiosk, now open in the heart of Westfield Stratford City. The menu includes such delights as the ChocoBon – a roll filled with chocolate and finished with frosting and chocolate sauce. We guarantee you won't stop at one. Cinnabon, Lower Ground Floor, near Boots



PHOTOGRAPHY Tom Brannigan



SUPER SMOOTHIES

Shopping can be thirsty work. So why not treat the little ones to a fresh and nutritious fruit juice or smoothie at Boost Juice Bars at Westfield Stratford City. Best-sellers include the refreshing Berry Crush and the zingy Mango Tang Crush – a blend of passion fruit, mango, tropical juice and ice. For the month of August*, you can purchase a kids drink for just £2 with every regular smoothie purchase. Simply present this voucher in store at Boost Juice Bars Westfield Stratford City to redeem the offer. Terms and Conditions apply. Boost Juice Bars, Lower Ground Floor



*Offer valid on any kids size drink purchased, with a regular smoothie purchase. Participating stores only – Boost Juice Bars STRATFORD until 31 August. Not redeemable for cash. Cannot be used in conjunction with Order Now, Vibe Cash, VIBE points or any other offer/sale/promotion. Only one voucher per transaction. Photocopies not accepted. Voucher must be presented prior to payment. Boost Juice Bars reserve the right to change the promotion/offer without prior notice.

HEAVEN SCENT

LOSE YOURSELF IN NOTES OF ITALIAN BERGAMOT AND SWEET FENNEL

One of the leading emporiums for luxury fragrance, John Lewis & Partners is home to olfactory creations by Tom Ford, Frédéric Malle, Goutal et al – potions that pique the senses and transport the imagination. Head to the department store's perfume counter at Westfield Stratford City and you'll also find French haute perfume label Maison Francis Kurkdjian.

Since its launch in 2009 the brand has become a byword for sensory sophistication, with each scent designed to assemble a fragrance wardrobe. Adding to its collection, the perfume house presents Aqua Media Cologne Forte – a herbal citrus scent that encapsulates hazy summer days spent outdoors. With notes of verbena, Italian bergamot and sweet fennel layered over a woody musk base, its green prism bottle represents the calm, balanced centre of the colour spectrum.

Now you have the chance to win this scent – or any of the others featured in our beauty shoot on P30. For details on how to enter, scan the QR code. Competition ends 31 August 2023. Terms and conditions apply.



SOCIAL

WORDS
Bethan King



GO EAST

Grime phenomenon Stormzy is headlining All Points East Festival on Friday 18 August, and he's personally curated his support lineup. Catch the likes of Kehlani, Lucky Daye and Rampage Sounds before the *Crown* rapper takes to the stage. 18 August, Victoria Park; allpointseastfestival.com

WINGING IT

Get fired up for a foodie festival like no other – Wingfest, the world's biggest chicken wing festival – is coming to London Stadium. Street food stalls and BBQ professionals will be grilling more than 250,000 wings over three days. Top tip: arrive hungry! 28–30 July, London Stadium; wingfest.co.uk

GROOVE TONIGHT

London trio St. Barbe have such a fresh take on jazz that they've turned the genre on its head, blurring the lines between electro and prog-rock. Catch them perform live at Grow Hackney for one night only on 16 August. 16 August, Grow Hackney, 98c Wallis Road, Hackney; growhackney.co.uk



SET SAIL

Hackney Bridge is fast-becoming a hotspot thanks to its unique pop-ups and incredible street food. Here, you'll find Barge East, a 120-year-old barge that's now a floating restaurant. Serving up seasonal, home-grown small plates in a rustic setting, it's also the perfect place to grab a cocktail canal-side. River Lee, Sweetwater Mooring; bargeeast.com

LOVE THEATRE

Hit playwright Max Wilkinson's new black comedy *Union*, set on a summer's night on the Union Canal, is a funny, and sometimes stark portrayal of London life when the rat race becomes unbearable. 19 July–12 August, Arcola Theatre, 24 Ashwin Street, Dalston; arcolatheatre.com

BE PROUD

Join the world's largest LGBTQIA+ celebration for people of African, Asian, Middle Eastern, Latin American and Caribbean heritage at UK Black Pride. Last year, more than 25,000 people came to Queen Elizabeth Olympic Park to party and raise awareness – this year's event is set to top that. 20 August, Queen Elizabeth Olympic Park; ukblackpride.org.uk



CULTURE CLUB

Celebrate Newham South Asian Heritage Month with a stellar line-up of cultural talks, art exhibitions and movie screenings. The festivities culminate in a classical music concert of traditional Bengali folk music and Bharatanatyam (Indian classical dance) at Stratford's Old Town Hall on 18 August. 18 July–17 August; newhamsouthasianheritage.org

ENGAGEMENT



DISCO, BABY

For a hit of pure seventies nostalgia meets CGI, the countdown has begun to see *ABBA Voyage* before its run ends next year. The disco vibes won't disappoint – the lifelike avatars belt out all the old classics including *Mamma Mia*, *Waterloo* and *Fernando*. Flares and glitter obligatory. ABBA Arena, Queen Elizabeth Olympic Park; abbavoyage.com

LET'S GO OUTSIDE

Take some time out in nature and hike the walking trails in Queen Elizabeth Olympic Park – there are specially curated routes for joggers or quieter paths for those who prefer a more chilled-out pace. queenelizabetholympicpark.co.uk



ADMIRE ART

Discover East London's rag trade heritage at the *Traces – Stories of Migration* exhibition by renowned artist Lucy Orta. A collaboration between the artist and local residents of Newham and Tower Hamlets, it features a tapestry depicting their lives and experiences. 21–27 August, Nunnery Gallery & Café, Bow Road; bowarts.org

SHOP LOCAL

Shop small and support local businesses at the I Do Handmade pop-up market in Westfield Stratford City. Browse the ever-changing lineup of stalls for handcrafted bags, jewellery, homewares, and small-batch fragrances. Westfield Stratford City, Ground Floor, 24 July–24 September; idohandmade.co.uk

HIT PLAY

Grab a paddle, some friends and then make for Bat & Ball at Westfield Stratford City for some lively competition. Think table tennis, prosecco pong, karaoke and live DJ sets, if you don't fancy holding a tune. Westfield Stratford City, 2 Montfichet Road; thebatandball.com



GET HITCHED

Prepare for an immersive comedy night unlike any other by heading to the top of the ArcelorMittal Orbit tower to witness Italian-American couple Tony and Tina get married. As a guest at *Tony n' Tina's Wedding*, you'll be part of the show, joining in their wedding reception, sampling the cake and of course, dancing, all against a backdrop of London's skyline. 28–30 July, Queen Elizabeth Olympic Park; tonyandtinalondon.com

BOARD GAMES

Unleash your competitive spirit and battle it out over Asper's immersive electric shuffleboard experience. First pick a side, then you'll take it in turns to slide your pucks into the scoring area to pick up points for your team. And you can celebrate your win with their delicious pizza and beer offering. Westfield Stratford City, 2 Montfichet Road; aspersstratford.co.uk

JUST DANCE

Body Movements Queer Festival is back at Hackney Wick this July for a hedonistic weekend of dancing and afterparties, honouring queer bodies in electronic music. Acts Boudica and Femme Fraîche are top of the bill. 29–30 July, various venues

GAME ON

WORDS
Bethan King

ROLL THE DICE TO CLIMB
A LADDER OR SLIDE DOWN
A SNAKE AND DISCOVER
A FUN SUMMER ACTIVITY
FOR THE WHOLE FAMILY



SWAN AROUND

Soak up the views of London's skyline as you bob around the wetlands of Queen Elizabeth Olympic Park in your very own swan pedalo. Get the grown-ups to do the legwork, while you snap some photos!

Open weekends and during school holidays, 12–5pm;
queenelizabetholympicpark.co.uk



LIFE'S A BEACH

Paddle in the rock pools or build sandcastles in the sandpit before finding the hidden treehouses and navigating the wobbly bridges and slides at Tumbling Bay Playground nestled within the International Quarter.

Queen Elizabeth Olympic Park;
queenelizabetholympicpark.co.uk

PHOTOGRAPHY Sam Carter/ Evgeniy Alyoshin/ Peter Idowu/ Kiana Bosman/ Unsplash;



ART ATTACK

Spend a day exploring the Art in the Park trail at Queen Elizabeth Olympic Park. There are 28 works of art of all shapes and sizes dotted around the park – from murals to sculptures and even living art, see if you can find them all.

Queen Elizabeth Olympic Park;
queenelizabetholympicpark.co.uk



PLAY TIME

Dare to explore inside a giant fish that's 12 metres long? Or sail a paper boat before hopping onto a lily-pad, just like a frog? Encouraging creative play is what it's all about at the free Biodiversity Playground located outside on the lower ground floor.

Westfield Stratford City,
Lower Ground Floor, outside



TAKE THE PLUNGE

Need to cool off when the weather is too hot? Head to the London Aquatics Centre for a refreshing dip, join family fun sessions and the chance to make a splash in the Olympic-sized swimming pools. And the best part? No membership is required

Queen Elizabeth Olympic Park;
londonaquaticscentre.org



BRAVE NEW WORLD

Let your imagination run wild at the Discovery Children's Centre in Stratford – climb aboard pirate vessels, fly a spaceship or even explore a majestic castle. You can also book to see live story-telling or themed exhibitions during this immersive play experience.

383–387 High Street,
Stratford; discover.org.uk



ADVENTURE CITY

There's a packed line-up of fun kids' activities at Westfield Stratford City this summer. Fancy dressing up as an explorer or a bug detective to learn all about creepy crawlies, or crafting your own binoculars then going on a bee hunt? You can do all this and more in centre.

Westfield Stratford City,
29 July – 12 August, 11 – 4pm



WAFFLE ON

Student project turned viral-sensation Bubble Wrap, home to the original Hong Kong bubble waffle, has arrived in centre. Try a signature waffle, loaded with salted caramel and strawberry cheesecake gelato or get creative choosing your own toppings.

Westfield Stratford City, Ground Floor; bubblewraplondon.com



STRIKE OUT

Lace up your bowling shoes for some friendly competition at All Star Lanes, Westfield Stratford City. Refuel the gang afterwards with fifties-style burgers, delicious hotdogs and milkshakes at the Lanes Kitchen.

Westfield Stratford City,
second Floor; allstarlanes.co.uk



ICE, ICE BABY

Try your hand at the South East Asian art of ice cream rolling during a special masterclass at Pan-n-Ice in centre. The best bit? You can even take your frozen creations home – if they last that long!

Westfield Stratford City,
Ground Floor; book online at pan-n-ice.co.uk



SCREEN SAVER

Fancy watching one of the latest blockbuster films with a huge bucket of popcorn? Head to Vue cinema where you'll find 20 screens and all the newest releases in 2D and 3D including *Barbie* (out now) and *Teenage Mutant Ninja Turtles: Mutant Mayhem* (out on 2 August).

Westfield Stratford City,
Second Floor; myvue.com



FUN AT THE FARM

It's not every day you get the chance to visit a working farm, right in the heart of London. At volunteer-led Hackney City Farm, you can get up close to the donkeys, goats, pigs and sheep or explore the gardens.

1a Goldsmiths Row, Bethnal Green, Tuesday–Sunday, 10am–4.30pm; hacknecityfarm.co.uk

THE

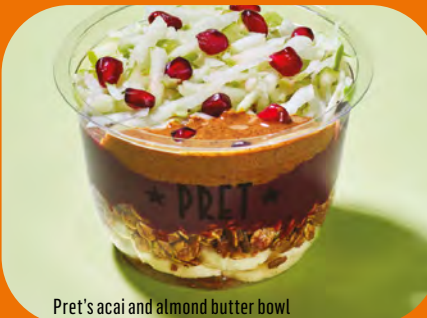
WHETHER YOU FAVOUR A LEISURELY FULL-ENGLISH OR A QUICK CROISSANT TO GO, THESE ARE THE BEST BREKKIE OPTIONS WORTH WAKING UP FOR

WORDS
Catriona Day

BEST VEGAN & GLUTEN-FREE

PRET A MANGER

These breakfast stalwarts have made green eating that much easier with flavoursome offerings such as coconut and quinoa porridge, tropical chia seed bowls, protein pots and halloumi and red pepper toasties. Lower Ground Floor



Pret's acai and almond butter bowl



M&S wraps on the move

WAHACA

Lip-smacking flavours, fresh ingredients and a vast menu to pore over, Wahaca's plant-based tacos, spicy quesadillas and wholesome rainbow bowls are perfect if you fancy your smashed avocado with a bit more bite. Ground Floor, outside on The Street



Colicci's sweet treats

ERGON GREEK DELI AND CAFÉ

This East London branch of international grocers Ergon is brimming with Mediterranean flavour, offering yogurt bowls, baklava pancakes, Greek salad omelettes and an array of deli delights. Great Eastern Market, Lower Ground Floor



Plant-based options abound at Wahaca

BEST FOR ON-THE-GO

STARBUCKS

Pioneers in the breakfast-on-the-go game, Starbucks has an ever-changing seasonal menu. Refuel in a flash with overnight oats, flaky croissants and any type of coffee your heart desires. Lower Ground Floor

COLICCI

Locally roasted coffee, handmade cakes and enticing grab-and-go bites, all served from an architecturally designed kiosk. Even a low-key breakfast is a stylish affair at Colicci. First Floor, outside at Four Dials

M&S FOOD ON THE MOVE

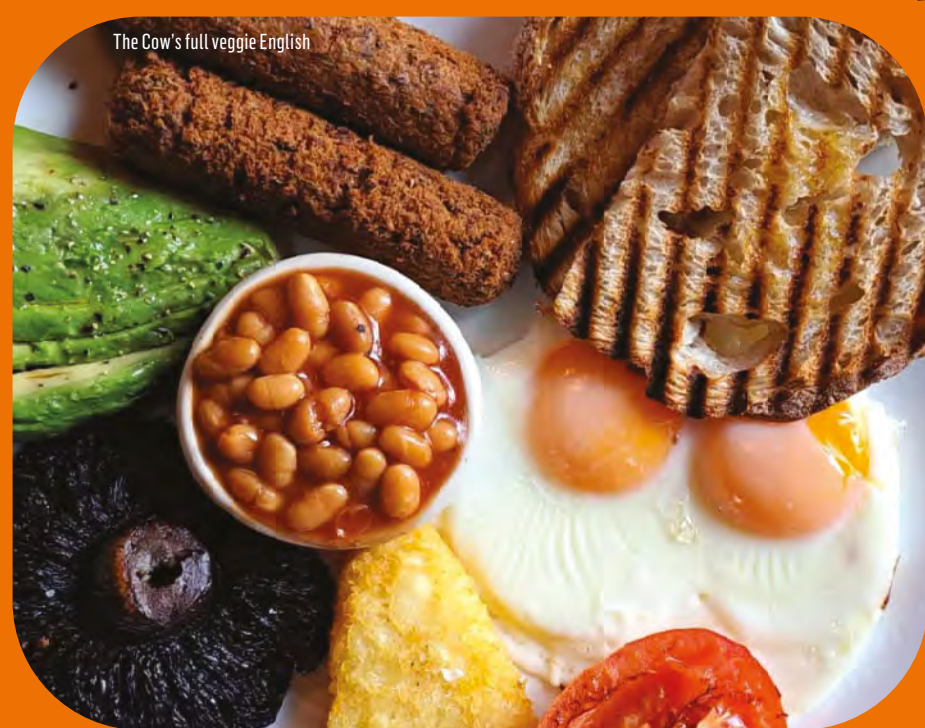
Dash to the hot food counter for favourites with a twist – think bacon rolls smothered in tomato-chilli chutney, or a low-fat shakshuka – Marks & Spencer is the perfect pitstop for a snappy morning refuel. Lower Ground Floor

CLUB

They say to eat breakfast like a king – and at Westfield Stratford City we are fortunate enough to have an abundance of restaurants serving up a wide variety of mouth-watering options. From hearty bowls of granola to shakshuka, burritos and everything in between, we've done the (delicious) research for you and discovered some of the centre's most delectable dishes. Whatever your requirements may be, we have some of the best morning spots to kick-start your day.



International fare at Ergon



The Cow's full veggie English

BREAKFAST



Relax on Caffè Concerto's terrace

BEST FOR A MEETING

CAFFÈ CONCERTO

Have your tête-à-tête in a booth or on the terrace at Caffè Concerto, with a selection of tartines (capers and cream cheese, salmon and avocado, Parma ham and mozzarella) omelettes and generous club sandwiches on offer. Ground Floor, Outside at Four Dials

THE COW

Assemble the team for Turkish eggs or a hearty full English in one of The Cow's discreet spaces, kitted out with a large flat-screen ideal for presentations. Or take advantage of their events manager-coordinated catering packages. Ground Floor, outside on The Street



Brunch goes Brazilian at Cabana

BEST FOR BRUNCH

PROSECCO CAFFÈ

For breakfasts that segue into lunch, Prosecco Caffè is a decadent affair with a marble bar and plush velvet banquettes. Wash down small-plate cicchetti (spinach potato bites and mini meatballs) with a glass of Prosecco. Ground Floor

BIG EASY

With a Surf & Turf Deluxe menu, you can kick off the weekend by loading up on lobster, wood smoked Bar.B.Q. meat and all the trimmings – this is not a breakfast for the faint-hearted. Ground Floor, outside on The Street

CABANA

Professional brunchers should stretch out Saturday mornings at Cabana, fun and vibrant

Brazilian street-food and cocktail spot with no fewer than three different types of bottomless brunch on offer (boozy, non-boozy and luxe), all with a Latin American flavour. Cue açaí smoothie bowls, churros French toast and loaded breakfast burritos. Ground Floor, outside on The Street

BALANS EAST

With the confident, relaxed glamour of a French brasserie, this outpost of the Soho institution serves up some of the best eggs benedict we've ever tasted. If that's not your thing then a myriad of dishes including fluffy pancakes, and of course delicious french toast are all on the menu. Outside on The Street



Surf & Turf at Big Easy



Joe Blake's signature donuts



Opulent velvet décor at Prosecco Caffè



Karaway's signature rye bread



Busaba's breakfast with an Asian twist

BEST FOR A SWEET TOOTH

KARAWAY

This family run bakery focuses on trad Baltic and Slavic rye bread recipes using traditional long fermentation methods. The result is delicious rye bread, but they're also masters at sweet poppy-seed brioche and deliciously indulgent honey cakes. Great Eastern Market, Lower Ground Floor

JOE BLAKE'S

Speciality coffee, glazed donuts galore and its very own hashtag – Joe Blake's is a Gen Z dream. Choose from Lotus Biscoff, lemon and raspberry or red velvet flavours – or walk away with a variety box if you're feeling decadent (sharing: optional). Lower Ground Floor

BUSABA

Fire up your taste buds at Busaba, a buzzy Thai eatery offering an array of sweet and savoury breakfast favourites with an Asian influence. Think veggie Pad Thai omelettes, fluffy pandan-flavoured pancakes and indulgent coconut porridge. Ground Floor, Outside at Chestnut Plaza

10% OFF
BREAKFAST
AT BUSABA

Award-winning Thai restaurant Busaba is offering E20 readers an exclusive 10% discount on all breakfast menu items until 31 August. To redeem the offer simply hand in this voucher to your server at the end of your meal and the discount will be applied to your final bill. Terms and conditions apply.*



A TASTE FOR ADVENTURE

Dreaming of far-flung holidays but can't escape the daily grind this summer? Then satisfy your wanderlust with a whistle-stop tour of the Great Eastern Market. This foodie mecca, situated on the Lower Ground Floor, boasts a range of exotic eateries from around the world.

First, head East to the Japan Centre where you can sample freshly made sushi and sashimi and pick up some authentic Japanese staples (such as their divine chilled mochi) to enjoy later. Then take a culinary trip to Ghara, which specialises in Indian street food including samosa chaat, biryanis and dhal. There's both meat and vegan options and their chai masala is simply delicious

For spice lovers, Rasa Malaysia offers traditional Malaysian food in a bustling café setting – favourites include Sizzling Yee Mee (egg noodles cooked with a soya gravy) and Nasi Lemak (a coconut rice dish). Meanwhile, closer to home, Pasta Remoli has a unique three-step pasta menu which allows you to choose your pasta, sauce and cheese from a wide range of Italian favourites such as carbonara and arrabbiata. End your global gastronomic journey at TiramisuU by creating your own dreamy Tiramisu dessert with your choice of toppings and finish with the perfect post-meal pick-me-up: an authentic Italian coffee.

For the full range of restaurants and cafés on offer at the Great Eastern Market, head to the Lower Ground Floor

COMMUNITY

WORDS
Stephen Emms

PHOTOGRAPHY
Ollie Radford



Participants from the
XConversation project



Ebenezer Ayerh and Prince
Owusu-Agyekum, founders of
Ruff Squad Arts Foundation



The Healing
Tour's Tiwa King



A film workshop
at Newham's Ruff
Squad Arts Foundation



Zak Khalil at the
XConversation project
in Stratford

SPIRIT

CHAMPIONING PERSONAL DEVELOPMENT
AND CAREERS PROGRESSION, THE
DIVERSE WESTFIELD EAST BANK
CREATIVE FUTURES FUND IS HELPING
TRANSFORM THE LIVES OF EAST LONDON
RESIDENTS, ONE GRANT AT A TIME

Zak Khalil, founder of the XConversation podcast, knows first-hand about the struggles young offenders face when it comes to breaking the cycle of crime. "I ended up on the wrong path," explains Khalil. "And then went to prison three times between the ages of 17 and 26." It wasn't until he benefitted from what he calls "personalised mentoring" that Khalil was able to shift "to a pathway that didn't discriminate or hold my past against me."

Based on Stratford's Celebration Avenue, Khalil's inspirational XConversation podcast champions the reformation of young ex-offenders with "lived experience of the criminal justice system," he says. "These people need support to achieve their ambitions, but also to be in a space where they're not judged, where they're listened to, and where they can fully express themselves." XConversation conducts podcast interviews, workshops and programmes focusing on building resilience



Providing a space for young ex-offenders to express themselves



Khalil's project champions the reformation of young people with experience of the criminal justice system



The XConversation project helps young people realise their potential



Employability skills such as digital expertise are a key focus

RSAF's Prince Owusu-Agyekum, aka grime legend Rapid



‘HEALED PEOPLE HEAL PEOPLE’

The Healing Tour founder Tiwa King

and employability skills including developing professional CVs, interview techniques, public speaking and digital expertise. XConversation is just one of 155 enterprising local projects funded by the Westfield East Bank Creative Futures Fund. This ambitious five-year programme will invest £10 million into the local communities of Newham, Tower Hamlets, Hackney and Waltham Forest and has already transformed lives by offering more than 12,000 employment and training opportunities to 22,000 participants.

Projects who have recieved funding in the first three years include a women-led textiles cooperative, a platform for female domestic abuse survivors and a free creative programme for East London schoolchildren. A key recipient is The Healing Tour, a personal development programme for women in Hackney and Tower Hamlets. The initiative was founded by wellbeing consultant, singer, author, Tiwa King, who was recently named one of the NatWest Wisel00 2023 – a list recognising the leading women in social enterprise. “The Healing Tour is focused on the wellbeing of

women from under-resourced backgrouxnds,” says King. “We help them develop confidence and build the skills needed to create the life they love – using their voices to empower their communities.” King’s programme provides a safe, non-judgemental space for women to express themselves. “Our core value,” she says, “is that ‘healed people heal people.’” According to King, The Healing Tour was a direct response to the Covid-19 pandemic. “I started doing live personal development sessions on Instagram as a pick-me-up and one of the women

said, ‘The loss of my child during Covid made me feel lost. I didn’t know how much I needed this safe space; I feel supported and ready to start actualising the ideas in my head.’ So, I listened and created the programme, and that incredible woman went on to start a platform helping other women with her experience.” Another recipient, Woolwich Contemporary Print Fair, aims to help change the contemporary art world to better reflect the breadth of race, class and gender in young Londoners. “It’s this democratic value which inspires us, and ignited the Young London

Print Prize,” says co-founder Matt Bell. “This helps young artists [aged 10 to 17] break through the barriers – both real and perceived – to the contemporary art world.” The prize will work with 10 schools and 500 young artists in Newham and Tower Hamlets to showcase their creative skills on a London-wide programme “exploring the concept of climate art”. So who is the driving force behind the Westfield East Bank Creative Futures Fund? It’s the brainchild of local independent charity Foundation for Future London, established in 2015 to

champion Hackney, Newham, Tower Hamlets and Waltham Forest by creating employment opportunities through arts, education, culture, innovation and placemaking. Foundation for Future London’s Director of Programmes and Communications, Sarah Nelson, says that their partnership with Westfield Stratford City is about “an understanding that a fundraising charity has the ability to reach out to communities in a way that large corporates may not be able to. East London is home to two million people: we ensure there are equitable opportunities and fair regeneration



Woolwich Contemporary Print Fair co-founder, Matt Bell



Ebenezer Ayerh, aka Slix, co-founded RSAF to help young people access creative careers



These projects aim to give people a sense of place and belonging



Tiwa King believes every person is an agent of change



The collective vision is for a vibrant and inclusive East London

CULTURE EXCHANGE 2023

Part of the Westfield East Bank Creative Futures Fund, this levelling-up programme, instigated by FFL's CEO, Maria Adebowale-Schwarte, connects local young people with arts, cultural and innovation organisations and communities across East London, Birmingham, Preston, and Sheffield, using creative and inclusive placemaking as a learning tool. It will train 27 young people aged 18 to 25 through online and in-person activities, covering subjects such as arts, music, culture and history, fashion, journalism, dialect and placemaking. At the end of the project a documentary film about their journey will be screened in or around the Queen Elizabeth Olympic Park. Find out more at future.london

where everyone gets to benefit, and no one is left behind. Our vision is for a vibrant and inclusive creative East London in partnership with local organisations, boroughs, philanthropic donors and many others.”

The foundation’s team spends time “listening to local voices and connecting people and institutions, from bustling street markets and homeless shelters to hushed galleries and auditoriums,” explains Nelson. “We’re keen to connect local communities to the new East Bank centre of culture, education,

innovation and growth being built on the Queen Elizabeth Olympic Park. Our projects give people a sense of place and belonging – which in turn improves their life chances.”

This connection and sense of belonging is the drive behind another grant winner, Newham-based Ruff Sqwad Arts Foundation (RSAF). Founded by grime legends Prince Owusu-Agyekum (aka Rapid) and Ebenezer Ayerh (aka Slix), RSAF’s focus is purely on the creative industries. “It’s about bridging the gap between the marginalised and the mainstream, and

helping young people fulfil their creative careers,” says Ayerh. The pair were awarded a large grant for their Full Clip Winternship project, so called as “it’s a paid opportunity for local young people – hence *winternship* not internship.” Over 12 months, they’re giving work experience to 36 young creatives in the Olympic boroughs who’ll get the chance to engage in film and weekly workshops, “from scriptwriting to directing, costume, cinematography and photography,” says Ayerh, “and at the end they’ll put together a short film.”

In the long-term, RSAF hopes to “roll this project out annually, delivering a meaningful project for young people.”

So, how does it feel to win one of the Westfield East Bank Creative Futures Fund’s coveted grants? “It’s exciting and motivating,” says Khalil. “It means that we can aid talented young East Londoners and be part of their growth and journey, it’s a beautiful thing”. King also feels blessed: “I cried,” she says. “It was an incredible feeling to know that my vision for the world was valued, understood and shared. I also imagined the

stories and lives that would be touched as a result of being funded. I truly believe every person, especially women, are already agents of change – and need help to lead this change.”

YEAR 4 APPLICATION PROCESS

For 2023, the Small and Medium Grant Schemes will accept applications starting from £1,000 and up to £5,000 and £15,000 respectively, while the Large Grant Scheme accepts applications up to £50,000. Applicants can only apply for one

grant scheme in this round, unlike in previous years. For all three schemes, at the heart of the project must be a core commitment to one or more of the following: employment opportunities, learning opportunities, young people, business and entrepreneur support, and short- and long-term goals. For advice on applying, please contact Capacity Building Programme lead Lisa Stepanovic on capacitybuilding.ffl@outlook.com. For further information, visit: future.london/programme/westfield-east-bank-creative-futures-fund

MERCURY RISING

WORDS
Lizzie Barron

From picnics in the park to cocktails al fresco, who doesn't love basking in wall-to-wall sunshine. But what happens when you need to rouse yourself from your sun lounger to attend that meeting or commute to the office while looking stylish and unflustered? Before you go into meltdown, take a few style pointers and put your faith in some carefully selected pieces that will see you through any hot spell in effortless style. Here are the essentials to invest in now.

BREEZE THROUGH SUMMER WITH THESE HEAT-WAVE READY WARDROBE PICKS



THE SLOUCHY SUIT

Staying smart in the heat is possible thanks to slouchy suits and everyone's go-to: linen. Choose a classic cut with high-waisted wide-leg trousers or slip into tailored Bermuda shorts and a pair of kitten heels to transform your suit for summer. Fabric-wise, linen is a saviour thanks to its low thread count, temperature-regulating properties and perfectly laid-back look.

PHOTOGRAPHY Courtesy of Brands

THE SLINKY SLIP

If you want to look put together while beating the heat, reach for a slip dress. Go for crisp cotton for daytime, or opt for satin for a sultry after-dark vibe. Worried about showing a little too much skin? Throw on a lightweight blazer for the office or don a floaty kimono to waft from day to night. For the perfect finishing touch, pair with an oversized straw tote and statement jewellery.



THE WHITE STUFF

See the light this summer with all white everything. From beyond-the-pale puff-sleeve dresses to washing powder bright tees and chalky wide-leg trousers, white adds a timeless, sophisticated touch while reflecting the sun's heat to help keep you cool. And thanks to catwalk iterations at Prada and Ferragamo, this is one white-hot trend that's here to stay.



THE DO-IT-ALL SANDAL

When it comes to summer footwear, take a practical turn in a chunky go-everywhere sandal. Add some height with a super thick sole or slide into a classic double-strap style (hello, Birkenstocks). If you want your sandals to really go the distance opt for a caged silhouette – ideal for pounding the pavements while scoring big on comfort. Colour-wise, go for neutral shades, and don't forget that all-important pedi.

HIGH

PHOTOGRAPHY
Tom Brannigan

BEAUTY
Marie-Louise von Haselberg

FROM THE FRESHEST FLORALS TO
SULTRY SMOKED WOODS, THESE
INTOXICATING AROMAS AVAILABLE AT
JOHN LEWIS & PARTNERS ARE AN
IRRESISTIBLE ADDITION TO YOUR SUMMER



VACAY MODE
Bergamot and pink pepper
pair with coconut milk, ylang
ylang and base notes of
cedarwood and musk, evoking
memories of sun-kissed skin.

Maison Margiela
Replica Beach Walk Eau
de Toilette, £55 for 30ml

CHIC CHYPRE
Fresh, green top notes of freesia
blend with honeyed Rose de Mai before
making way for sensual patchouli
and oakmoss. Truly addictive.

Giorgio Armani Si Eau de
Parfum, £65 for 30ml



NOTES



GOLD RUSH

Rose notes are at the heart of this fragrance, while a blend of white incense, sandalwood milk and sophisticated white musk form the base to this alluring scent.

BVLGARI Rose Goldea Eau de Parfum, £92 for 50ml



ODD TIMES

Calabrian orange and bergamot pair together with heart notes of rich agarwood, Haitian amyris wood and coriander. It's sweet, sunny and darkly seductive.

Acqua di Parma Oud Eau de Parfum, £212 for 100ml

WOOD STOCK

Amber is the star note here, but layers of cedarwood and vanilla give this fragrance a sharp, summery bright tone with a hint of nutty sweetness.

Hermès L'Ambre Des Merveilles
Eau de Parfum, £137 for 100ml

PEACHY KEEN

Warm ylang ylang and smooth frangipani are balanced by amber and peach, drying down to cedarwood and warm vanilla, reminiscent of sun-bleached wood.

Narciso Rodriguez
Narciso Ambrée Eau de
Parfum, £59 for 30ml



THE SIMPLE LIFE

LIFE IS COMPLICATED ENOUGH WITHOUT A LABORIOUS, MULTI-STEP SKINCARE REGIME TO CONTEND WITH. PARE BACK ON PRODUCTS AND SAVE TIME, MONEY AND CONFUSION WITH THESE EXPERT MULTITASKERS

WORDS
Catriona Day



A HA + BHA + vitamin C = ? Having spent the last few years cocktailing single ingredient elixirs as part of a complex and lengthy daily regime, we're now yearning for some expertly formulated, multitasking products that will take the guesswork out of the skincare equation. From two-in-one formulas to do-it-all hybrids, here's our edit of products that pack a real punch when it comes to multiple active ingredients, making your summer beauty regime simple and stress-free.

PEP TALK
Innovative skincare brand The Ordinary doesn't only offer formulas based on one benefit per product. Their Multi-Peptide + HA Serum, £14.30 at Boots, is a water-based serum that harnesses the power of no less than four peptides, amino acids and a clutch of hyaluronic acid complexes to banish crow's feet and restore skin's elasticity and firmness.

WHAT LIES BENEATH
A couple of targeted pumps of Sunday Riley Good Genes Glycolic Acid Treatment, £70 at John Lewis & Partners, rapidly sloughs away dead cells and eradicates the signs of sun damage for instantly rejuvenated skin. At the same time, fermented prickly pear extract works in tandem with skin-purifying lemongrass to calm the complexion and gently soothe any irritation.

WELL-REFINED
A potent cocktail of lipo hydroxy acid and sodium hyaluronate, Kiehl's Iris Extract Activating Essence Treatment, £42, helps to simultaneously hydrate, exfoliate and refine the skin's texture, priming it and forming a transparent film on the surface to lock in moisture. Meanwhile, hand-harvested iris florentina root extract assists in gently bolstering the skin's natural barrier.

PORE DECISIONS
A nourishing yet fast-absorbing milky lotion, L'Occitane Immortelle Precieuse Emulsion, £59, blends skin-plumping micro hyaluronic acid with essential oils from one of Corsica's native flora, the immortelle flower. Rich in active molecules, these essential oils stave off the ageing process and protect skin from external pollutants, while lentil extract helps to refine texture and minimise pores.

AM I BEING CLEAR?
Wake up with a glowing complexion thanks to a couple of drops of The Body Shop Himalayan Charcoal Skin Clarifying Night Peel, £22, an impressive gel-to-peel overnight potion. Organic hibiscus flower-derived acids gently exfoliate to improve the skin's texture, while bamboo charcoal and astringent salicylic acid draw out impurities and keep sebum levels in check – the perfect foil for oily, acne-prone skin.

EYE-SPY
A shot of this lightweight Boots No7 Future Renew Eye Serum, £24.95, morning and night tackles tired eyes and fine lines with a potent combination of peptides, skin-plumping hyaluronic acid and niacinamide. Along with vitamins C and E and mulberry extract, these knit together to support the production of collagen and fibrillin – both vital to the skin's natural repair process.

HIT THE SPOT
Keep blemishes at bay with La Roche-Posay Effaclar Duo+ Anti-Blemish Moisturiser, £18.49 at Superdrug, a small-but-mighty complexion-correcting gel moisturiser that uses lipo hydroxy acid, salicylic acid and niacinamide to unclog pores and smooth texture. Zinc PCA and procerad help to control shine and minimise dark spots, while a dose of glycerin keeps skin hydrated without leaving it feeling greasy.

MORNING GLORY
These travel-friendly exfoliator pads serve up a daily dose of naturally occurring alpha-hydroxy acids to remove dead skin cells and mattify morning shine. This Works Morning Expert Multi-Acid Pads, £33 at John Lewis & Partners, are made of 100 percent biodegradable cotton and contain liquorice root extract to calm inflammation, while blemish-busting azelaic acid and vitamin B3 reduce breakouts and fortify flagging skin.

FIVE-A-DAY
A deep-cleansing gel formula packed with nutrient-rich superfoods including broccoli, wheatgrass, kale, avocado and pumpkin seed oil to nourish and hydrate, Elemis Superfood Facial Wash, £30 at John Lewis & Partners, is ideal for tired, lacklustre complexions. This naturally derived face wash is also infused with an active prebiotic to protect the skin's delicate microflora.

JUST THE TONIC
Formulated with time-release retinol to reduce fine lines without flaking, Pixi Retinol Tonic, £10 at Marks & Spencer, is a multi-active toner that also contains peptides to firm up skin while boosting collagen production to plump and promote elasticity. Meanwhile, jasmine flower naturally reduces redness and balances moisture levels for a radiant glow.

SUNNY DELIGHT
A summer SPF is non-negotiable and this SPF50 Ambre Solaire version is a purse-friendly swap of a pricier cult favourite. With a feather-light texture ideal for layering under make-up, Super UV Anti Dark Spots & Anti Pollution Face Fluid SPF50+, £12 (40ml) at Boots, is also enriched with hydrating hyaluronic acid and vitamin E to combat dark spots and protect skin from oxidative stress caused by pollution.

SUIT YOUR



Gant Jacket, £265; H&M Polo Top, £24.99; Zara Trousers, £49.99; AllSaints Tote Bag, £29; COS Hat, £29; Kin Sandals, £55 at John Lewis & Partners

DRESS FOR EXCESS

With festival season in full swing, you'll need a trusty arsenal of separates to see you through in style, come rain or shine. A throw-on-and-go workwear jacket in a heat-friendly cotton-linen blend lends a utilitarian vibe. Pair it with one of the hottest sartorial tickets of the season: a knitted polo, plus wide-fit technical trousers – a discreet nod to the oversized cargo pants of yesteryear.



Reiss Jacket, £348 at John Lewis & Partners; BOSS Shirt, £99; Weekday Trousers, £57; H&M Trainers, £24.99; Tissot Watch, £610 at Watches of Switzerland; River Island Bag, £45

BOARD GAMES

Hybrid working has paved the way for a new era of corporate attire, bringing to the fore softer fabrics and cut-for-comfort silhouettes. A double-breasted blazer still means business but a stone colourway will keep you cool on the commute, while mandarin collars and wide-leg trousers won't stifle. Slip on a pair of stylish yet comfortable canvas trainers to take you to after-work drinks, the weekend and beyond.

SELF



Marks & Spencer Jacket, £125; COS Shirt, £59; Marks & Spencer Trousers, £75; Charles Tyrwhitt Silk Tie, £34.95; Moss Bros Tie Clip, £15; H&M Socks, £2.99; Office Shoes, £69.99

SOMETHING BLUE

Navigate the whirlwind of summer weddings with ease in a linen suit. This flattering slim-cut, mid-blue version pairs exceptionally well with pastels – in this case, lilac pinstripes and lavender socks – while a micro-floral print tie adds a romantic flourish. Switch up shoes and accessories to keep your look fresh as the calendar commitments mount.

FROM RELAXED SUITS TO SLIP-ON SHACKETS, WORKWEAR HAS LOOSEENED UP FOR THE NEW ERA. HERE'S HOW TO DRESS ACCORDINGLY



COS Blazer, £150; Uniqlo T-shirt, £19.90; COS Shorts, £69; Marks & Spencer Sunglasses, £20; Gant Bag, £50; Teva Sandals, £45 at Schuh

LIFE'S A BEACH

Let loose on holiday in soft-cut linens that beat the heat no matter how high the temperature climbs. Elasticated shorts offer next-level comfort – this sunset pink pair comes with a coordinating blazer that can be slipped over a casual T-shirt, smartening sightseeing getup into sundowner-worthy attire. Complete the look with a catch-all beach tote and cult favourite Teva sandals.

Kenzo Jeans, £25 at Kids Around



Zara Sunglasses, £11.99



Arket Hat, £35



John Lewis & Partners Swimsuit, from £10



Zara Polo Top, £25.99



Zara Tote Bag, £15.99



Birkenstock Sandals, £30 at Schuh

COMPILED BY
Catriona Taylor

AZURE

FROM TEAL TO COBALT, CORNFLOWER TO AQUAMARINE, KIDSWEAR IS AWASH WITH DREAMY BLUE HUES REMINISCENT OF HAZY HOLIDAYS SPENT BY THE SEA



Monsoon Dress, from £34 at John Lewis & Partners



H&M Shorts, £7.99



Arket Hooded Towel, £18

LIKE



Claire's Hairclips, £8



Adidas Sandals, £15 at Schuh



Marks & Spencer Shirt & T-shirt Set, £14



Purebaby Trousers, £18 at John Lewis & Partners



Monsoon Jumpsuit, £27



H&M Trousers, £9.99

IT



Accessorize Trunks, £16



BOSS Polo Top, £55 at Kids Around



River Island Shirt, £16



Marks & Spencer Dress, £18



Mini Boden Jacket, from £47 at John Lewis & Partners

IDEAL COCKTAIL SPOTS FOR SUMMER
IMBIBING – YOU CAN THANK US LATER

IN THE SPIRIT

WORDS
Stephen Emms

ILLUSTRATION
Jodi Beddon

In the last decade, the cocktail scene has shaken things up in Stratford. And some of the best libations can, of course, be found right in the heart of Westfield as well as in the independent bars lining East Village and the Olympic Park. Dedicated reporters that we are, we set out and flung back a few heady concoctions in search of the best in our postcode, all so you can pick the perfect spot to unwind. Just don't blame us for the headache tomorrow.

UNION SOCIAL AT THE GANTRY

With an exterior marked by slim vertical fins, Union Social at The Gantry overlooks the leafy bowl of Victory Park. Perch on a stool at the bar or, if the weather's fine, lounge on the terrace with a killer Amber Negroni, featuring a splash of Inverroche gin. 40 Celebration Avenue E20 1DB

HAUGEN

Climb to the top-floor terrace of this unique Alpine-inspired destination for awe-inspiring park views. Here, enjoy a vodka-fuelled Jet Set Martini made with elderflower, prosecco and Lillet rosé, finished with a sprinkling of gold dust. Plus it's 2-for-1 cocktails every day from 4pm-6pm. 9 Endeavour Square E20 1JN

ALL STAR LANES

Tucked away on the centre's second level is the capital's hippest bowling alley. Before you hit the lanes, embrace the 1950s with a "hard" shake or a zesty Lady Marmalade cocktail blending Bombay Bramble gin, Cointreau, marmalade, orange bitters and lavender. Second Floor, Westfield Stratford City

ROOTS COCKTAIL BAR

The cocktails at this cosy East Village haunt are "inspired by nature, from the seeds to the flowers". Try a 2 Degrees, a refreshing but potent combination of FAIR Quinoa vodka, Everleaf Marine (bergamot, kelp and sea buckthorn) and lime and basil cordial. 3-4 West Park Walk, East Village E20 1DH

BALANS EAST

People-watch on the outdoor terrace with a cocktail from the new menu created by mixologist Julian de Féral: ours is the Watermelon Sugar, a Harry Styles-inspired mixture of Pueblo Viejo tequila, elderflower liqueur and watermelon syrup. Plus, there's 2-for-1 on cocktails every Monday-Wednesday from 5-7pm. Outside on The Street

TINA, WE SALUTE YOU

This super-welcoming LGBTQIA+-friendly bar is on the edge of the Queen Elizabeth Olympic Park, perfectly situated for stunning

sunset views. As night falls, go pink with the sharp citrus tang of an iced Gin Daisy on the terrace, overlooking the wetlands beyond. 2 Olympic Park Ave E20 1FT

BAT & BALL

Home to five championship-sized ping pong tables, as well as pool, karaoke and darts, you'll need a hearty tipple to get you 'batting'. Try the Ballbreaker, a bracing blend of Havana Spiced rum, coconutty Koko Kanu rum, pineapple and Angostura bitters. 2 Montfichet Road, Westfield Stratford City

ALLEGRA

This award-winning bar-restaurant is on the seventh floor of The Stratford Hotel. We recommend the Bitter Memory, made with quirky Danish floral spirit The Plum I Suppose, home-made sweet vermouth and well-balanced blackberry shrub. Ideally sipped while enjoying views from the Japanese-style sky gardens. 20 International Way E20 1FD

ELONDI AT THE HYATT

Need somewhere glam to relax after a thorough retail therapy session? Elondi is something of a discreet gem, serving up next-level cocktails: celebrate the postcode with an E20 Close of the Day, combining Kraken Spiced rum, vodka, lime juice and ginger beer. 10A Chestnut Plaza E20 1GL



WALK THE LINE

ART MEETS
ADVENTURE AT
THE CAPITAL'S
FIRST DEDICATED
CONTEMPORARY
ART TRAIL

WORDS
Christine Ochefu



DNA DL90,
Abigail Fallis



ArcelorMittal Orbit,
Anish Kapoor



Untitled (Juniper),
Virginia Overton



Diver,
Ron Haselden



Nature in Mind,
Madge Gill



The Living Line,
Somang Lee



A Moment
Without You,
Tracey Emin



Here, Thomson & Craighead



Quantum Cloud,
Antony Gormley

In the mood for something completely different – and free – this summer? Put on a pair of trainers, grab a map and head outdoors to discover London's awe-inspiring public art walk, The Line. Established in 2015, it features an impressive array of works from some of the world's most acclaimed artists, stretching five miles across East London, along the waterways from Queen Elizabeth Olympic Park down to the River Thames and across to Greenwich's The O2.

The Line's ethos is about embellishing the spaces in-between, while exploring how art can connect with people locally.

The project was co-founded by its Director, Megan Piper, alongside the late Clive Dutton, an urban regeneration expert who was based in Newham. "It was the work that Dutton was doing here around the legacy of the Olympics, and what that meant in terms of art and culture that brought about the idea," says Piper. "An important element of our work is creating connections; connecting places and connecting people to places."

Today, The Line comprises more than 20 artworks and takes around four hours to explore. Highlights include Anish Kapoor's 115-metre ArcelorMittal Orbit (2012) at the start of the trail, and

East London-based illustrator Somang Lee's The Living Line (2022), a 140-metre illustrated nature trail that depicts the wildlife that can be found en route. Further along at Three Mills Green, you'll find Tracey Emin's bronze sculpture A Moment Without You (2017) and various reproduced watercolours by Madge Gill (1930-1954). The trail culminates with a scenic cable-car ride over the Thames to Greenwich Peninsula, where you'll be greeted by Antony Gormley's imposing 30-metre-high steel sculpture Quantum Cloud (2000) and a further five installations dotted along the Thames Path.

Many of the featured works are installed on a loan basis, such as Abigail Fallis's iconic shopping trolley sculpture DNA DL90 (2003) and Eva Rothschild's Living Spring (2011). But recently the organisation has started to commission new works for The Line. In September, Please Take a Seat by British social commentary artist Mahtab Hussain will be unveiled in the Olympic Park. The artwork features a specially designed bench that includes a speech bubble above it, inviting the public to engage with the work by writing their responses to it as part of an online archive to create a portrait of 'young East London', a demographic central to

The Line's future plans. In 2021 the organisation launched the Youth Guides programme, sponsored by the Westfield East Bank Creative Futures Fund. The programme trains a team of local 18- to 21-year-olds to serve as on-site guides throughout the summer period. Previous members and student ambassadors now form The Line's Youth Collective who, in collaboration with the National Portrait Gallery and London College of Fashion, commissioned Hussain's piece.

It's a prime example of The Line working with and for the community. The team is running free guided art tours every

Saturday, as well as wellbeing walks that run from Ron Haselden's Diver installation (2012) on Stratford High Street to The House Mill near Three Mills Green, featuring mindfulness exercises and activities to emphasise the holistic benefits of art and spending time outdoors.

"You go to a museum or gallery and you know what you're getting," says Piper. "But you walk The Line and you experience art in unexpected places, perhaps in ways you hadn't before." Now where are those trainers...

For more information, visit the-line.org and [@TheLineLondon](https://twitter.com/TheLineLondon)

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JEWELLERY & WATCHES

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Aldo
Breitling
Brown's Diamonds
Carolina Lemke
Claire's Accessories
David Deyong
Ernest Jones
Fossil
Fraser Hart
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Kokomo Jewellery
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NYS
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Omega Beaverbrooks
Pandora
Police
Pop Specs
Rolex
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Sunglass Hut
Watch Surgery
Watches Of Switzerland

ART

Cass Art

AUTOMOTIVE

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Natwest
No.1 Currency

BOOKS, MUSIC
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Foyles
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Argos
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3 Store
Apple Express
Currys PC World
EE
Huawei

iSmash
iPlay N Talk
O2
Recovapro
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Vodafone
Vuse

FLORISTS

Isle of Flowers
Flowers First

FOOTWEAR

Aldo
Clarks
Deichmann
Dr Martens
Dune London
FootAsylum
Foot Asylum Womens
Foot Locker
Greywalk
Kids Footlocker
Kurt Geiger
Office
Schuh
Skechers
Timberland
Vans

FOOD & DRINK

All Star Lanes
Amorino
Ask Italian
BabaBoom
Balans
The Bat and Ball
Big Easy
Boost
Boost Turbo
Bubbleology
Bubblewrap
Busaba Eathai
Brick Lane Bagel Company
Brim
Cabana
Caffè Concerto (Four Dials)
Caffè Concerto (First Floor)
Caffè Nero
Cally Munchy
Chopstix
Churros
Cinnabon
Colicci Coffee
Costa Coffee (First Floor)
Costa Coffee (Lower Ground Floor)
The Cow
Crosstown Doughnuts
Dessert Ice Cream Club
Epic
Ergon
Five Guys
Franco Manca

GerlaRto
Ghara
Gourmet Burger Kitchen
Greggs
Honi Poke
Hotel Chocolat
Ice Creamo City
Indi-Go Rasoi
Japan Centre
Joe Blakes
John Lewis: The Place To Eat
Karaway
Kokomo
Krispy Kreme
Krispy Kreme Hotlight Store
Las Iguanas
Lokma
Lola's Cupcakes
M&S Café
M&S Café on the Bridge
M&S Food Hall
M&S - Food On The Move
Mr. Pretzels
Mrs Chews
McDonald's
Nando's
Neat Burger
Nespresso
Pan and Ice
Passyunk Avenue
Pasta Remoli
Pho
Pinkberry
Pizza Express
Pizza Hut Express
Popeyes
Pret A Manger (First Floor)
Pret A Manger (Lower Ground Floor)
Prosecco Caffè
Rasa Malaysia
The Real Greek
Rhythm Kitchen
Rice Guys
Rosa's Thai Cafe
Shake Shack
Snowflake Gelato
Elondi
Starbucks (Ground Floor)
Starbucks (Lower Ground Floor)
Subway
T4
Tap East
Tapas Revolution
TGI Fridays
The Alley
Thunderbird Fried Chicken
TiramisU
Tortilla
Twenty Twelve at Holiday Inn
Wa Wa Wings
Waitrose & Partners

Wagamama
Wahaca
YiFang
YO! Sushi
Zizzi

GIFTS, CONFECTIONARY
& STATIONERY

Card Factory
Hotel Chocolat
Heritage Gifts
The London Heritage
Memory Block
Newspoint
Smiggle
Sweet East
Typo
WH Smith

GROCERIES

M&S Food Hall
Waitrose & Partners
Great Eastern Market

HEALTH, BEAUTY
& HAIRDRESSING

Adopt
Arabian Oud
Beard Surgeon
Beauty Base
Better Brows
The Body Shop
Boots
Candles & Oud
Celestolite
DVA Beautique
The Fragrance Shop
FW Beauty
Get A Drip
Herbal Inn
Holland & Barrett
iBrow & Beauty
Indulge Beauty
Inglot
John Lewis & Partners
Kiehl's
Kiko Milano
Laser Clinics UK
Le Monde Nails
L'Occitane en Provence
Lush
M&S
MAC Cosmetics
Meso Clinic
Massage Angels
Morphe
The Nail Spa
NARS Cosmetics
Neal's Yard Remedies
The Perfume Shop
PYT
Recovapro
Rituals

Rush Hair & Beauty
Sunnamusk
Supercuts
Superdrug
Therapié Clinic
Toni & Guy
Too Faced
Truviv

HOMEWARES
& FURNITURE

DFS
H&M
Imperial Bamboo
Next
Pro Cook
Sharps Bedrooms
Sleep 8
Tempur
The White Company

KIDS & TOYS/
GAMES & HOBBIES

Base
Disney Playworld
Flying Tiger Copenhagen
Kids Footlocker
H&M
Kids around
Lego
Lindex Kids
Mamas & Papas
Menkind
Polarn O. Pyret
Primark
River Island
Schuh Kids
Smiggle
The Entertainer

LEISURE

All Star Lanes
Aspers Casino
The Bat and Ball
Coral
Gymbox
The Hyatt Hotel
Premier Inn
Vue Cinemas
Sidequest

LINGERIE & HOISERY

Ann Summers
Calzedonia
Calvin Klein Underwear
Lindex
Victoria's Secret PINK

MENSWEAR

Charles Tyrwhitt
Frencheye
Milano Couture
Moss Bros

MIXED FASHION

AllSaints
Armani Exchange
Bershka
Blakely

Choice
Calvin Klein
Calvin Klein Underwear
Cos
Diesel
Gant
Guess
H&M
Hawes & Curtis
Hollister
Hugo Boss
Lacoste
Levi's
Monsoon Kids
New Look
Next
Primark
Pull & Bear
Reiss
Reserved (Opening August)
River Island
South.ST
Superdry
Ted Baker
Timberland
Tommy Hilfiger
True Religion
Uniqlo
Urban Outfitters
Weekday
Zara

OPTICIANS

Boots
John Lewis
Vision Express

SPORTS & FITNESS

Adidas
Ellis Brigham Mountain Sports
Gymbox
JD Sports
Lids
Sports Direct
The North Face
Under Armour

TRAVEL AGENTS

Tui Holiday Store

WOMENSWEAR

& Other Stories
Apricot
Calzedonia
Hobbs
Honey Birdette
Khaadi
Lipsy (inside Next)
Mango
Monki
Monsoon
Quiz
Select
Stradivarius

SERVICES

Sky
Timpson
Watch Surgery

Tom Ford Bitter
Peach, Eau de parfum
50ml, £280 at John
Lewis & Partners



CENTRE INFORMATION

ADDRESS

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PLANNING
YOUR VISIT

To plan your visit, download the FREE
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Saturday 9am – 9pm
Sunday 12pm – 6pm

GETTING
HERE

The nearest train stations are
Stratford (London overground and
DLR) and Stratford International
(Southeastern and DLR). The nearest
tube station is Stratford (Central,
Elizabeth and Jubilee lines).

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PHOTOGRAPHY Tom Brannigan

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uk.westfield.com/stratfordcity Store Directory and Centre
Information correct at time of going to press (July 2023).

CURVE

COMPILED BY
Catriona Day

ADOPT A MORE ROUNDED APPROACH TO DÉCOR WITH UNDULATING SHAPES AND SOFTER SILHOUETTES



The straight lines of 20th century modernism may have dominated our homes for decades, but we're seeing a shift towards softer shapes designed to, quite literally, take the edge off. Scalloped trim, rounded ceramics, curvilinear glassware and plushly upholstered waveform headboards all add a softness that lends flow to your home, rather than railing against it. These pleasing organic shapes mimic the curves found in nature, giving your environment a relaxed rhythm – ideal if you're looking to seamlessly bridge your indoor and outdoor spaces.

APPEAL

PHOTOGRAPHY Courtesy of Brands

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